



Islanders  
PHYSICAL THERAPY  
& Rehabilitation, Inc.

## PATIENT INTAKE FORM

Date _____	Patient Name _____	(Last)	(First)	(MI)
Gender: M F	Birthdate ____/____/____	Marital Status: Single Married		
Mailing Address _____				
(City) (State) (Zip)				
Phone: Home _____	Cell _____	Work _____		
Email Address _____				
Would you like to have appointment reminder phone calls? Y N				
Have you received Physical Therapy, Occupational Therapy or Speech Therapy services in the last 12 months? Y N If yes, when and where were the services received?				
_____				

Primary Insurance Co. _____	Subscriber ID _____
Subscriber Name _____	DOB _____
Secondary Insurance Co. _____	Subscriber ID _____
Subscriber Name _____	DOB _____
<b>FOR L &amp; I ~OR~ MOTOR VEHICLE ACCIDENT CLAIMS</b>	
Date of injury _____	Claim # _____
Insurance Name _____	
Claim Manager Name/Phone# _____	
Employer Name _____	Employer Phone# _____
Employer Address _____	
(City) (State) (Zip)	

I, \_\_\_\_\_, authorize Islanders Physical Therapy and Rehabilitation, Inc. to release any information regarding my medical history, symptoms and treatment to third party payers. A photocopy of this authorization shall be considered as effective and valid as the original. I understand I have the right to receive a copy of this authorization. (If a minor, signature of parent or legal guardian is required.) At this time I consent to physical/occupational/speech therapy treatment performed at Islanders Physical Therapy and Rehabilitation, Inc.. In addition I authorize payment of medical benefits to Islanders Physical Therapy and Rehabilitation, Inc., the supplier of services described above.

**X** \_\_\_\_\_ **DATE** \_\_\_\_\_



## SUBJECTIVE REPORT/PMH FORM

NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ DATE: \_\_\_\_\_

To help us better evaluate your condition please complete this form to the best of your knowledge. If you have any questions please ask for assistance. Thank you.

### SUBJECTIVE HISTORY:

What is your date of injury/onset of symptoms? \_\_\_\_\_ When is your next physician's appointment? \_\_\_\_\_

How and where did you injure yourself? \_\_\_\_\_

Have you had any of the following?

- |   |   |                                    |  |
|---|---|------------------------------------|--|
| <input type="checkbox"/> Bone scan          | <input type="checkbox"/> Echocardiogram | <input type="checkbox"/> MRI       | <input type="checkbox"/> Pulmonary Function Test |
| <input type="checkbox"/> CT scan            | <input type="checkbox"/> EKG            | <input type="checkbox"/> Myelogram | <input type="checkbox"/> Stress test             |
| <input type="checkbox"/> Dopplar Ultrasound | <input type="checkbox"/> EMG            | <input type="checkbox"/> NCV       | <input type="checkbox"/> X-rays                  |

Have you had any prior occurrences of this condition?  No  Yes

If yes, please explain: \_\_\_\_\_

Have you had any prior treatment for this condition?  No  Yes

If yes, please explain: \_\_\_\_\_

Are you pregnant or do you think you may be pregnant?  N/A  No  YES

### CURRENT COMPLAINTS:

What is your chief complaint? \_\_\_\_\_

What makes your symptoms better? \_\_\_\_\_

What makes your symptoms worse? \_\_\_\_\_

**FUNCTIONAL/ADL RESTRICTIONS:** OUTCOME MEASURE PROVIDED BY THERAPIST

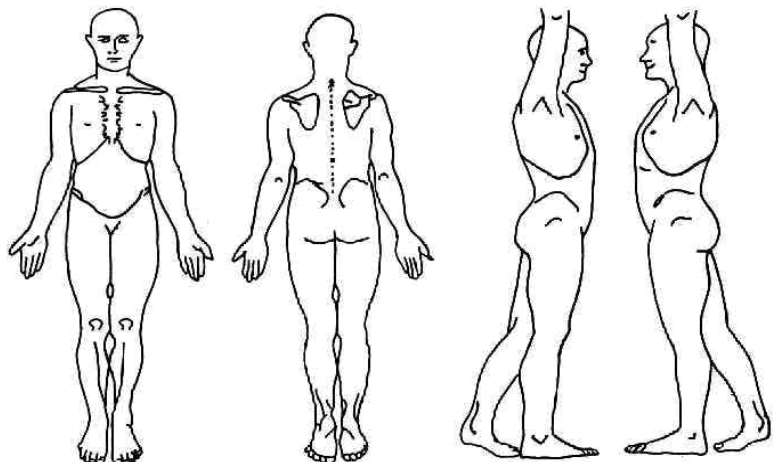
**PRIOR LEVEL OF FUNCTION:** What were you able to do prior to this injury that you are not able to do now? \_\_\_\_\_

**PAIN RATING:** 0 1 2 3 4 5 6 7 8 9 10

If you have pain, what is your pain level?  
(0 = None, 5 = Moderate, 10 = Extreme)  
Pain Level at WORST: \_\_\_\_\_  
CURRENT Pain: \_\_\_\_\_  
Pain Level at BEST: \_\_\_\_\_

Please describe what the pain feels like to you: \_\_\_\_\_  
\_\_\_\_\_

Please mark the location of your pain with an X on the body chart to the right.





**SUBJECTIVE REPORT/PMH FORM**

**OCCUPATIONAL/WORK STATUS/EDUCATION:**

What is your occupation? \_\_\_\_\_ Are you presently working:  No  Yes  
 If yes,  full-duty  limited duty Explain: \_\_\_\_\_  
 Lost days from work to date: \_\_\_\_\_ Days of work restriction to date: \_\_\_\_\_  
 Highest level of education completed: \_\_\_\_\_ Are you a Veteran?  No  Yes

**SOCIAL HISTORY:** Please check  if appropriate.

Do you live:  Alone  With spouse/S.O.  With family  Other \_\_\_\_\_  
 Do you have stairs?  No  Yes If yes, how many? \_\_\_\_\_ Do stairs have handrails?  No  Yes  
 Do you have any home fall hazards such as throw rugs, poor lighting, etc?  No  Yes \_\_\_\_\_  
 How are your interests/hobbies affected by your symptoms? \_\_\_\_\_  
 Do you exercise?  No  Yes If yes, how often? \_\_\_\_\_  
 Do you smoke?  No  Yes If yes, how often? \_\_\_\_\_  
 Do you drink alcohol?  No  Yes If yes, how often? \_\_\_\_\_

**PAST MEDICAL HISTORY/GENERAL HEALTH:** Please check  all that apply.

- |  |  |   |   |
|--|--|---|---|
| <input type="checkbox"/> Allergies                 | <input type="checkbox"/> Chest pain        | <input type="checkbox"/> Heart disease        | <input type="checkbox"/> Night sweats     |
| <input type="checkbox"/> Arthritis                 | <input type="checkbox"/> Chronic pain      | <input type="checkbox"/> Hepatitis            | <input type="checkbox"/> Osteoporosis     |
| <input type="checkbox"/> Back/Neck pain            | <input type="checkbox"/> Coughing up blood | <input type="checkbox"/> High blood pressure  | <input type="checkbox"/> Productive cough |
| <input type="checkbox"/> Balance changes/dizziness | <input type="checkbox"/> Diabetes          | <input type="checkbox"/> HIV/AIDS             | <input type="checkbox"/> Rashes/skin      |
| <input type="checkbox"/> Behavioral Health         | <input type="checkbox"/> Epilepsy/Seizures | <input type="checkbox"/> Insomnia             | <input type="checkbox"/> Staph infection  |
| <input type="checkbox"/> Blood disorders           | <input type="checkbox"/> Falls             | <input type="checkbox"/> Irregular heart rate | <input type="checkbox"/> Stroke/TIA       |
| <input type="checkbox"/> Bowel/bladder problems    | <input type="checkbox"/> Fractures         | <input type="checkbox"/> Memory loss          | <input type="checkbox"/> Tuberculosis     |
| <input type="checkbox"/> Breathing disorders       | <input type="checkbox"/> Fevers/chills     | <input type="checkbox"/> Metal implants       | <input type="checkbox"/> Ulcers           |
| <input type="checkbox"/> Cancer                    | <input type="checkbox"/> Headaches         | <input type="checkbox"/> Nausea/vomiting      | <input type="checkbox"/> Weight loss      |
| <input type="checkbox"/> Chemical dependency       | <input type="checkbox"/> Hearing loss      | <input type="checkbox"/> Night pain           | <input type="checkbox"/> Vision changes   |

**HEIGHT** \_\_\_\_\_ **WEIGHT** \_\_\_\_\_

Is there any other information regarding your medical history that we should know about?  No  Yes  
 If yes, please explain: \_\_\_\_\_

Current Medications: \_\_\_\_\_

Surgeries: \_\_\_\_\_

How would you classify your general health?  Good  Fair  Poor

**PATIENT'S GOALS:**

What are your goals for participating in therapy? \_\_\_\_\_

Are there any factors that may complicate your ability to participate in therapy?  No  Yes  
 If yes, please explain: \_\_\_\_\_

*To the best of my knowledge, I have fully informed you of the history of my problem and current status.*

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Therapist Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# *Islanders Physical Therapy & Rehabilitation, Inc.*

## STATEMENT OF PRIVACY PRACTICES

Our office is dedicated to protect the privacy rights of our patients and the confidential information entrusted to us. The commitment of each employee to ensure that your health information is never compromised is a principal concept of our practice. We may, from time to time, amend our privacy policies and practices but will always inform you of any changes that might affect your rights.

### **Protecting Your Personal Healthcare Information**

We use and disclose the information we collect from you only as allowed by the Health Insurance Portability Accountability Act and the state of Washington. This includes issues relating to your treatment, payment, and our health care operations. Your personal health information will never be otherwise given to anyone- even family members – without your written consent. You, of course, may give written authorization of us to disclose your information to anyone you choose, for any purpose.

Our offices and electronic systems are secure from unauthorized access and our employees are trained to make certain that the confidentiality of your records is always protected. Our privacy policy and practices apply to all former, current, and future patients, so that you can be confident that your protected health information will never be improperly disclosed or released.

### **Collecting Protected Health Information**

We will only request personal information needed to provide our standard of quality health care, implement payment activities, conduct normal health practice operations, and comply with the law. This may include your name, address, telephone number(s), Social Security Number, employment data, medical history, health records, etc. While most of the information will be collected from you, we may obtain information from third parties if it is deemed necessary. Regardless of the source, your personal information will always be protected to the full extent of the law.

### **Disclosure of Your Protected Health Information**

As stated above, we may disclose information as required by law. We are obligated to provide information to law enforcement and governmental officials under certain circumstances. We will not use your information for marketing purposes without your written consent.

We may use and/or disclose your health information to communicate reminders about your appointments including voicemail messages and answering machines.

### **Patient Rights**

You have a right to request copies of your healthcare information; to request copies in a variety of formats; and to request a list of instances in which we, our business associates, have disclosed your protected information for uses other than stated above. All such requests must be in writing.





*Islanders*  
**PHYSICAL THERAPY**  
& Rehabilitation, Inc.

## **Cancellation and No Show Policy**

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Thank you for choosing **Islanders Physical Therapy and Rehabilitation, Inc.** to provide your therapy needs. Please read the following two policies, initial each one, and sign your name at the bottom of the page.

### **Cancellation Policy:**

If you need to cancel a Therapy appointment, please call us ASAP (24 hours notice) so we have the opportunity to offer your appointment to another patient. If less than 24 hours notice is given you will be charged a \$40 cancellation fee.

Initial\_\_\_\_\_

### **No Show Policy:**

If you do not show up for a scheduled appointment you will be charged a \$40 no show fee.

Initial\_\_\_\_\_

I understand the terms of this form. I realize that I am financially responsible for charges incurred from cancellations or no shows.

**Patient Signature :** \_\_\_\_\_

**Parent Signature (If patient is a minor)** \_\_\_\_\_